



Find the Best Version of Yourself

Use this worksheet to find what is most important to you and what you believe will make you the best version of yourself.

Imagine the best version of your life, what would that look like? (write or even draw a picture, whatever suits you best)

What would your priorities be? (You do not need to have 10, just think about what matters to you)

1. _____
2. _____
3. _____
4. _____
5. _____
6. _____
7. _____
8. _____
9. _____
10. _____



What would the best version of you look like within each of these priorities?

Priority One:

Priority Two:

Priority Three:

Priority Four:

Priority Five:



Priority Six:

Priority Seven:

Priority Eight:

Priority Nine:

Priority Ten:



What can you do today to work toward the best version of you?



*We cannot become what we want
by remaining what we are*

-Max de Pree